

EQUINE DRY NEEDLING the powerful pin prick



The unique approach for
powerful & healthy horses



Equine Dry Needling Schachinger Method®

Dry Needling is a physical therapy that was invented in the USA in the middle of the last century. Since then, medical research has gained more and more insight into the effects of needling painful muscular structures. Caused by trauma, one-time or chronic overload, inappropriate biomechanical or metabolic stress the small muscle fibres can indurate or adhere.

This leads to little knots – the so-called trigger points - that interfere with healthy muscle function. Via the connective tissue – the fascia – which structures and cross-links the whole body, pain and loss of function are emitted to other body areas.

Whole muscle trains can be affected this way – by a single trigger point. This is called the myofascial pain syndrome. Manual treatments are often insufficient in this case. The solution: Dry Needling. After precise localization, acupuncture needles are inserted to revive the trigger point area from its neurophysiological rigor mortis. The displacement of tissue as well as the biochemical reactions to the penetration into the triggerpoint lead to the reactivation of the inactive are.

The muscle goes back to its healthy ability for stretching and contraction.

Fascial pain dissolves.



Treatments for horses & training for equine professionals

We offer training for equine professionals and treatments for your horses. Get to know our highly effective technique to cure muscular problems and myofascial pain in horses.



Equine Dry Needling by the Schachinger Method® is taught during seminars for professionals. Our international, English-spoken, course will be held in the beautiful Sauerland in Northrhine-Westphalia, Germany.

Please visit our website at ausbildungdryneedling.de for more information.

Equine Dry Needling indications e.g.

- limited range of movement, stiffness, stumbling
- irregular movement, gait irregularities
- bit issues
- back and saddle problems
- performance loss through myofascial pain

As well beneficial in combination with other therapies as osteopathy or chiropractic adjustments.



Center
dry needling

Andrea Schachinger

ausbildungdryneedling.de

info@ausbildungdryneedling.de

+49 (0) 1520 8301631

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Andrea Schachinger - Founder

Andrea Schachinger holds a Bachelor of Science in Physiotherapy (B. Sc. PT).

She is a member of the International Myo-Pain Society. Since 2000, she has been treating humans as well as horses with Dry Needling. Amazing human therapeutic results and an accident with her beloved mare led Andrea, a passionate horse lover, to perform research in equine Dry Needling. Intensive co-operation with veterinarians and clinics led to a unique treatment protocol and eventually to thousands of successful treatments. Over the years, the Equine Dry Needling Method by Andrea Schachinger came to development. Her consistent research on Dry Needling for horses remains unique world-wide. A good technique needs to be known – this was and is Andrea's credo and motivation for the foundation of Centrum Dry Needling in 2011, where she passes on her deep knowledge to international equine professionals. Participants study Equine Dry Needling first-hand during professional courses with emphasis on excellent practical skills. Certified Schachinger practitioners are will be listed on our website..